

New Bright Life

Individual Series for Advanced Learners

| | Taking a Clear Look at Myself | Imagining My Future | Creating the Path Forward | Moving into Informed Action |
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| <p><i>“Who am I now?”</i></p> <p><i>“What am I good at now?”</i></p> <p><i>“Who will I want and need to be in the future?”</i></p> <p><i>“What will I want and need to be good at in future?”</i></p> | <p><u>Module 1</u></p> <p>The ME Factor Now</p> | <p><u>Module 4</u></p> <p>The ME Factor Future</p> | <p><u>Module 7</u></p> <p>The ME Factor Creating the Path Forward</p> | <p><u>Module 10</u></p> <p>The ME Factor Moving into Informed Action</p> |
| <p><i>“Who is in my life now?”</i></p> <p><i>“Who will I want and need in my life in the future?”</i></p> | <p><u>Module 2</u></p> <p>The Who Else Factor Now</p> | <p><u>Module 5</u></p> <p>The Who Else Factor Future</p> | <p><u>Module 8</u></p> <p>The Who Else Factor Creating the Path Forward</p> | <p><u>Module 11</u></p> <p>The Who Else Factor Moving into Informed Action</p> |
| <p><i>“How do I spend my time and energy now?”</i></p> <p><i>“How will I want and need to spend my time and energy in the future?”</i></p> | <p><u>Module 3</u></p> <p>The Time & Energy Factor Now</p> | <p><u>Module 6</u></p> <p>The Time & Energy Factor Future</p> | <p><u>Module 9</u></p> <p>The Time & Energy Factor Creating the Path Forward</p> | <p><u>Module 12</u></p> <p>The Time & Energy Factor Moving into Informed Action</p> |

